

Nutrition Facts

About 7 servings per container

Serving size 12 pcs (140g)

Amount Per Serving

Calories

350

% Daily Value*

Total Fat 14g **18%**

Saturated Fat 4.5g **23%**

Trans Fat 0.5g

Cholesterol 55mg **18%**

Sodium 340mg **15%**

Total Carbohydrate 38g **14%**

Dietary Fiber 1g **4%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 16g

Vitamin D 0.1mcg 0%

Calcium 30mg 2%

Iron 6.5mg 35%

Potassium 230mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BEEF, PATENT FLOUR(BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, MONONITRATE, POTASSIUM BROMATE, RIBOFLAVIN, FOLIC ACID), WATER, DURUM WHEAT FLOUR, FRIED ONION (ONION, SOYBEAN OIL), WHOLE EGGS, SALT, SOYBEAN OIL, BLACK PEPPER

CONTAINS: EGG, WHEAT